

Lisa A. Dardzinski, R.N.
4 Marina Drive
Mahopac, New York 10541
(845) 628-0318
email – Lisad211@gmail.com

SUMMARY OF QUALIFICATIONS

- Highly skilled health care professional with over 25 years of clinical experience in hospital/acute care settings
- Experienced preceptor for graduate nurses and new employees
- Strengths in diagnostic procedures, documentation, patient care, and education
- Proven situational assessment abilities, effectively participate as an involved team member
- Clinical instructor and mentor for student nurses in acute care environment

Areas of expertise as applied to nurse management: Clinical Instruction, Mentorship, Discharge Planning, Counseling, Patient/Family Education, Team Leadership, Patient Advocate

EDUCATION AND PROFESSIONAL TRAINING

Post Masters Nursing Education Certificate, College of Mt. St. Vincent, Riverdale, NY	December 2010
M.A. Forensic Psychology, John Jay College of Criminal Justice, New York, NY	June 1995
B.S. Nursing, College of Mt. St. Vincent, Riverdale, NY	June 1983

LICENSURE AND CERTIFICATION

Registered Professional Nurse #358601-1 (NYS)	1983 - Present
Psychiatric and Mental Health Nursing #171879-03	1991 - Present

PROFESSIONAL EXPERIENCE

Westchester Medical Center –Valhalla, New York Behavioral Health Center

Assistant Nurse Manager - Unit B-3 Medical –Psychiatric Acute Care Unit	2013 – Present
<ul style="list-style-type: none">• Responsible for coordinating care and leading multidisciplinary team• Collaborate with members of the medical and mental health field to ensure quality patient care• Participate in leadership, team, managerial, policy and quality council meetings	

Leinhard School of Nursing at Pace University, Pleasantville, New York

Clinical Adjunct Instructor - Psychiatry	2010 - Present
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Westchester Community College , Valhalla, New York

Clinical Adjunct Instructor - Psychiatry	2010 - Present
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Registered Nurse-Unit B-3 BHC	2000-2013
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Registered Nurse – Psychiatric Emergency Room	1990-2000
<ul style="list-style-type: none">• Served as a full-time triage nurse in a comprehensive psychiatric emergency room• Managed a six-bed unit in the observational unit of the emergency room• Collaborated with crisis team in handling emergency calls and conducting family meetings	

LISA A. DARDZINSKI, R.N.-C, H.N.C.

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Psychiatric Nurse Clinical Assessment / Emergency Intervention / Consultation Counseling & Education

HIGHLY SKILLED HEALTH CARE PROFESSIONAL with 12+ years' practical experience in hospital and acute care settings. Strengths in diagnostic procedures, documentation, patient care and instruction. *Possess solid knowledge of comprehensive nursing care* procedures and exceptional direct patient care skills. Proven *situational assessment* abilities ; effectively participate as involved team member. Successful track record in treating patients in all categories covered under mental health. *Recognized for success in managing* time, prioritizing tasks, and organizing projects. Creative problem solver.

Areas of expertise as applied to specialty include:

- ✓ Emergency Triage
- ✓ Crisis Intervention
- ✓ Solid background in the DSM-IV
- ✓ Counseling
- ✓ Clinical Assessments
- ✓ Discharge Planning
- ✓ ICD-9 Coding
- ✓ Patient/Family Education

OVERVIEW

- ◆ Enthusiastic, caring Health Care Professional with more than 17 years' experience in direct patient care.
- ◆ Achieved reputation for "... *quick thinking in a crisis, remaining calm in the most acute situations.*"
- ◆ Possess strong problem resolution skills; able to efficiently and effectively prioritize a broad range of responsibilities to consistently succeed while working within tight time constraints.
- ◆ **Peak performer;** consistently commended for high level of operational efficiency; highly effective member of multi-disciplinary teams.
- ◆ Recognized for "... *sharp medical skills.*" Possess strong clinical interviewing skills.
- ◆ Highly articulate, possess strong communication skills; strong advocate for patients.

LICENSURE and CERTIFICATION

American Holistic Nurse Certificate	
(American Holistic Nurse's Certification Corporation)	March 2000
Candidate: AFAA Certified Fitness Practitioner	
REIKI I Practitioner	June 1999
Psychiatric and Mental Health Nursing # 171879-03	
(American Nurse Credentialing Center)	December 1991
Registered Professional Nurse # 358601-1 (New York State)	October 1983

VALUE OFFERED

- ◇ Consistently rated as "**Outstanding**" on formal, professional evaluations.
- ◇ Recognized by colleagues and management alike, for "... *performing exceptional, comprehensive nursing assessments.*"
- ◇ Consistently recognized for "*extreme kindness*" to patients and family members experiencing their most severe emotional crises.
- ◇ Valued by colleagues for being an objective, clear thinker "... *highly intuitive ... accurately sees the BIG picture.*"
- ◇ EXTENSIVELY TRAINED TO RECEIVE CRISIS HOTLINE TELEPHONE CALLS.

PROFESSIONAL EXPERIENCE

November 1990 - Present

WESTCHESTER COUNTY MEDICAL CENTER, Valhalla, NY

Psychiatric Registered Nurse: Emergency Room

- ◆ Serve as full-time triage nurse in a comprehensive psychiatric emergency room.
- ◆ Assess incoming patients, evaluate needs, and perform in the treatment of acute psychiatric emergency patients: mental status; patient judgement ability, patient support system, relationships; and medical problems.
- ◆ Manage six-bed unit in the extended observation area of the emergency room.
- ◆ Collaborate with Crises Team in handling emergency home calls.
- ◆ Run therapeutic groups and family meetings. Educate both patients and family about medications and procedures to minimize potential anxiety.
- ◆ Provide orientation and teach residents regarding emergency, psychiatric patients.
- ◇ Effect smooth operation of the Psychiatric E.R. Achieved reputation for ensuring smooth operation.

September 1988 - November 1990

FOUR WINDS HOSPITAL, Katonah, NY

Registered Nurse

- ◆ Provided skilled psychiatric nursing care on a 15 bed, dual-diagnosis unit.

August 1983 - September 1988

LAWRENCE HOSPITAL, Bronxville, NY

Registered Nurse

- ◆ Provided skilled nursing care on a Medical - Surgical Unit for two years and three years on the Oncology Unit.

CONTINUING PROFESSIONAL EDUCATION

Herbs, Vitamins, and Nutraceuticals: Institute For Natural Resources March 1999
Identification/Treatment of Complicated Grief, American Healthcare Institute March 1998
Group Leadership Training Certificate, Westchester Medical Center February 1997
Attention-Deficit Disorders, American Healthcare Institute January 1996
Spirituality and Healing, Beth Israel Medical Center September 1995
35+ additional CEUs through Landmark Education (worldwide provider of educational and self improvement training & development programs) since 1996

EDUCATION and PROFESSIONAL TRAINING

JOHN JAY COLLEGE OF CRIMINAL JUSTICE, New York, NY
Master of Arts: Forensic Psychology June 1995
COLLEGE OF MOUNT SAINT VINCENT, Riverdale, NY
Bachelor of Science: Nursing May 1983

REFERENCES

Excellent references will be provided on request.